



# PlantCult

INVESTIGATING THE FOOD CULTURES OF ANCIENT EUROPE:  
AN INTERDISCIPLINARY INVESTIGATION OF PLANT INGREDIENTS,  
CULINARY TRANSFORMATION AND EVOLUTION THROUGH TIME  
[www.plantcult.web.auth.gr](http://www.plantcult.web.auth.gr)

## **PLANTCULT 1<sup>st</sup> Workshop of AUTH Researchers ΚΕΔΕΚ, Balkan Center, Building A, 3rd floor November 9, 2016**

### **9.45 Welcome and Introduction**

Eleni Karagounaki, Head Secretary, ΚΕΔΕΚ

### **1. Opening speech | 10.00-10.30**

**10.00** Sultana Maria Valamoti

*PLANTCULT: An investigation of plant foods among prehistoric cuisines of Europe*

### **2. Project Data Bases | 10.30-10.45**

**10.30** Panagiotis (Panos) Tokmakidis & Themistokles (Themis) Roustanis

*Design and implementation of a spatial-temporal WebGIS for PLANTCULT*

### **3. Plant Foods: Archaeobotanical, Ethnographic and Textual Evidence | 10.45-12.50**

#### **Archaeobotany**

**10.45-11.00** Ivanka Hristova

*Food remains from Bulgarian sites*

#### **Coffee Break 11.00-11.20**

#### **Archaeobotany (continued) | 11.20-12.20**

**11.20-11.35** Stavroula Michou

*Human Societies and Natural Environment at the "Four Lakes" of Amintaio Basin, Florina, Greece*

**11.35-11.50** Chryssa Petridou

*Plant food remains from Greece and Bulgaria*

**11.50-12.05** Sofia Lapidou, Calla McNamee & Georgia Tsartsidou

*Phytolith/Starch analysis for PLANTCULT*

**12.05-12.20** Maria Ntinou

*Wood charcoal analysis and the PLANTCULT project. Background and research questions*

**Ancient Texts** | 12.20-12.35

**12.20-12.35** Pavlos Anagnostoudis, Kostas Symponis, Anny Tzelepidou, Nicoleta Vouronikou  
*Plants and food ingredients in Ancient Greek texts*

## **Ethnography**

**12.35-12.50** Giorgos Chtenelis

*Food and Memory: contemporary uses of food in Greece*

## **Lunch/Coffee Break 12.50-13.30**

### **4. Project Grinding Equipment** | 13.30-14.30

**13.30 – 13.45** Maria Bofill & Danai Chondrou

*PLANTCULT-Grinding stone tools: archaeological material and experiments*

**13.45 – 14.00** Tasos Bekiaris

*Approaching food preparation practices through the study of prehistoric grinding tools: the cases of Archondiko and Angelochori*

**14.00 – 14.15** Ismini Ninou

*Ground stone macroscopic analysis from Neolithic sites in Macedonia: the cases of Fillotsairi-Mavropigi Kozanis, Stavroupoli Thessalonikis and Logas Elatis, Kozani*

**14.15 – 14.30** Georgina Pratts-Ferrando & Natalia Alonso

*Ethnogrinding database*

### **5. Cooking facilities** | 14.30- 15.00

**14.30 – 14.45** Evita Kalogiropoulou

*PLANTCULT and the Cooking Installations: a Synthesis Approach*

**14.45 – 15.00** Anastasia Dimoula

*Cooking with plants: the participation of ceramic vessels*

## **Discussion**